

1969 Region 5 Championships at St. Cloud, Sat., May 31, 1969

Teams: St Louis Park 43, Edina 39, St Cloud Tech 25, Orono 21, Richfield 20½, Golden Valley 10, Hopkins 9, Foley 9, Willmar 8, Paynesville 6, Grove City 5½, Litchfield 5, Wayzata 5, Bl. Lincoln 4, Albany 4, Buffalo 3, Minnetonka 3, ...

100

| | |
|----------------------------|------|
| 1 Fred Merrill, Orono | 10.0 |
| 2 Bruce McLean, SLP | 10.2 |
| 3 Paul Shute, Hopkins | 10.4 |
| 4 Gary Duncomb, Litchfield | 10.5 |
| 5 Ade Lewandowski, Foley | 10.8 |

220

| | |
|--------------------------|------|
| 1 Fred Merrill, Orono | 22.6 |
| 2 Bruce McLean, SLP | 22.9 |
| 3 Paul Shute, Hopkins | 23.3 |
| 4 Ade Lewandowski, Foley | 23.6 |
| 5 Tom Schmidt, SC Tech | 23.9 |

440

| | |
|--------------------------|------|
| 1 Fred Merrill, Orono | 49.4 |
| 2 Steve Hopkins, Edina | 50.0 |
| 3 John Marsh, Richfield | 50.9 |
| 4 Dave Gorecki, Albany | 51.5 |
| 5 Paul Schendel, Willmar | 53.3 |

880

| | |
|-------------------------|--------|
| 1 Jeff Brauchle, Edina | 1:58.7 |
| 2 Mark Liptrap, Lincoln | 1:58.9 |
| 3 Gordon Cox, Willmar | 2:02.2 |
| 4 Eric Batdorf, SC Tech | 2:02.4 |
| 5 Dan Nelson, Buffalo | 2:03.4 |

Mile

| | |
|-------------------------|--------|
| 1 Dave Kampa, SC Tech | 4:19.7 |
| 2 Pete Racette, SLP | 4:27.0 |
| 3 Tim Heisel, Hopkins | 4:27.5 |
| 4 Jim Pelarske, SC Tech | 4:36.2 |
| 5 Brad Bringgold, Edina | 4:42.5 |

High Hurdles

| | |
|-----------------------------|------|
| 1 Bill Hunkins, SLP | 15.1 |
| 2 Rich Johnson, Richfield | 15.1 |
| 3 Mark Becker, Edina | 15.3 |
| 4 Steve Johnson, Litchfield | 15.8 |
| 5 Les Fleming, Grove City | 16.0 |

180 Yd. Low Hurdles

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|----------------------------|------|
| 1 Mark Becker, Edina | 19.8 |
| 2 Joe McPherson, Richfield | 19.9 |
| 3 Bill Hunkins, SLP | 19.9 |
| 4 Les Fleming, Grove City | 21.1 |
| 5 Bob Eng, Buffalo | 21.7 |

880 Relay

| | |
|---|-----------|
| 1 Edina (Paul Dunn, Jim Olson, Scott Lewis, Steve Precht) | 1:29.8 ** |
| 2 St Louis Park | 1:30.5 |
| 3 St Cloud Tech | 1:37.5 |
| 4 Delano | 1:38.0 |
| 5 Albany | 1:39.0 |

Mile Relay

| | |
|---|--------|
| 1 Edina (Steve Hopkins, Steve Precht, Bill Thompson, Mark Becker) | 3:24.9 |
| 2 St Louis Park | 3:29.2 |
| 3 St Cloud Tech | 3:35.2 |
| 4 Willmar | 3:38.2 |
| 5 Albany | 3:39.9 |

Shot Put

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|---------------------------------|---------|
| 1 Colin Anderson, Golden Valley | 60-2 ** |
| 2 Steve Cook, Richfield | 56-1 |
| 3 Craig Schnur, Minnetonka | 51-9 ½ |
| 4 Don Lee, Willmar | 48-1 |
| 5 Dennis Holmberg, Buffalo | 46-6 |

Discus Throw

| | |
|---------------------------------|--------|
| 1 John Rounds, SLP | 151-10 |
| 2 Colin Anderson, Golden Valley | 149-4 |
| 3 Craig Gunderson, Richfield | 146-10 |
| 4 Keith Fahnhorst, SC Tech | 144-8 |
| 5 Brian Johnson, Litchfield | 137-4 |

Long Jump

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|------------------------------|---------|
| 1 Ade Lewandowski, Foley | 21-5 ¾ |
| 2 Gene Erickson, Paynesville | 20-3 ½ |
| 3 Ken Pelton, SLP | 20-3 |
| 4 Eric Kaiser, Robbinsdale | 19-11 ½ |
| 5 Dave Klossner, Edina | 19-11 ¼ |

High Jump

| | |
|-----------------------------|------|
| 1 Gary Jordan, Wayzata | 5-10 |
| 1 Don Allen, SLP | 5-10 |
| 3 Greg Olson, Richfield | 5-10 |
| 3 Jim McCanless, Grove City | 5-10 |
| 5 Dave Hartman, Paynesville | 5-10 |

Pole Vault

| | |
|----------------------------|------|
| 1 Gary Hanson, SC Tech | 12-6 |
| 2 John Witham, Edina | 12-0 |
| 3 Allen Hendricks, Orono | 11-6 |
| 4 Mark Day, Edina | 11-6 |
| 5 Tim Stanger, Paynesville | 11-6 |

* Ties Meet Record

** New Meet Record